

Date: 5/2/25

| PREP GRADE K-5 LAUSD BREAKFAST, LUNCH, SUPPER MENU AUGUST 11 – 15, 2025 | | | | | |
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| | | | WEDNESDAY 8/13 PUPIL FREE DAY | THURSDAY 8/14 | FRIDAY 8/15 |
| BREAKFAST | | | | BREAKFAST | BREAKFAST |
| Entrée 1 | | | | Ham & Cheese Croissant (R0628) | Café LA Coffee Cake ✓ (CMS #2773) |
| Entrée 2 | | | | Deluxe Cereal Bowl ✓ | Nutri-Grain Bar & Yogurt ✓ (R5721-DW, R5722-CB) |
| Entrée 3 <i>Vegan</i> | | | | Cinnamon Toast Crunch (CMS #1623) | Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690) |
| | BIC Sites: Put at least 1 serving of the Vegan option in each BIC bag each day. | | | | |
| Fruit (½ c) | | | | Fresh Fruit | Fresh Fruit |
| Fruit-Juice (½ c) | | | | Fruit Juice 4 oz. | Fruit Juice 4 oz. |
| Milk 8 oz. | | | | Milk | Milk |
| LUNCH | | | | LUNCH | LUNCH |
| Entrée 1 <i>Café LA Favorite</i> | | | | Optional: Fresh Topping* for all burgers Cafe LA Burger* (R00901N) AND/OR Cafe LA Cheeseburger* (R0128) | Pepperoni Pizza Wedge (R0730) AND/OR Cheese Pizza Wedge ✓ (R1063) |
| Entrée 2 | | | | Arroz Con Pollo (R5783) | Beef Teriyaki Dippers & Carrot Rice Bowl (R5695) |

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| Entree 3 <i>Vegan</i> | | | | Impossible Burger (R6032) Optional: Fresh Topping* | Vegan Teriyaki & Carrot Rice Bowl (R6041) |
| *FRESH TOPPING OPTIONS: SERVE EITHER FRESH PICKLES (R4618) OR FRESH LETTUCE (R4642) OR LETTUCE & TOMATO (R4520) | | | | | |
| Vegetable-Hot (½ c) | | | | Roasted Potato Wedges (R4370) | No Hot Vegetable |
| Veg, Fruit | Refer to Harvest Bar or Harvest Stand Menu | | | | |
| Treat Item | Offer the Chocolate Chip Cookie* (R2641/CMS #2766) once a week as an Extra Treat. | | | | |
| Milk, 8 oz. | | | | Milk | Milk |
| CONDIMENT | | | | | |
| SUPPER | | | | SUPPER | SUPPER |
| Entrée 1 <i>Hot</i> OR <i>Cold</i> | | | | Fiestada Stuffed Sandwich (Beef & Cheese) (R0159) OR Manager's Choice SUPPER Sandwich** | Mini Mozzarella Bites with Marinara Sauce V (R1153) Under 4 Yrs: Toasted Cheese Sandwich V (R1086-IW, R1131-Scratch) OR Turkey Stick (CMS #2065) & Cheese Plank, 2 each V (CMS #2525) Cheez-It Crackers (CMS #1239) Under 4 Yrs: Cheese Plank, 2 each V Cheez-It Crackers V |
| | OPTIONAL Shelf-Stable Meal Kits (NOT for students under 4 years): 1. Beef Stick Meal Kit (CMS #1688) OR 2. Sunbutter & Jelly Meal Kit V (CMS #1683) | | | | |
| Entrée 2 <i>Vegan</i> | ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. Provide a vegan entrée that is <i>different</i> than what was served for lunch the same day. Entrée Options: 1. Chik'n Nuggets (R6021) & Artisan Roll (CMS #6068) 5. Impossible Burger (R6032) 2. Buffalo Chik'n Nuggets (R6031) & Artisan Roll (CMS #6068) 6. Sunbutter & Strawberry Jelly Sandwich (R1943) 3. Vegan Chik'n Tenders (R6043) & Artisan Roll (CMS #6068) 7. Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944) 4. Chik'n Sandwich (R6029) 8. Spicy Chick'n Sandwich (R6051) | | | | |
| Vegetable (1/2 c) | | | | Paradise Punch Veg Juice (CMS #1681) | Celery Sticks (CMS #3826) |

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| | | | | | Under 4 Yrs: Cherry Smooth Cup (CMS #2364) |
| Fruit (1/2 c) | | | | Fresh Fruit | Strawberry Creamsicle (CMS #2861) |
| | | | | | Under 4 Yrs: Fresh Fruit ONLY apple, orange, pear, banana, sliced strawberry |
| Milk 8 oz. | | | | Milk | Milk |
| CONDIMENTS B=Breakfast L=Lunch S=Supper | | | | L- Ketchup, Mayo, Mustard, Secret Sauce (R7079), L,S- Taco Sauce or Tapatio, Tajin S- Optional: Ranch, Liquid Chamoy | L- Sriracha Sauce, Choice Dressing, Optional: Liquid Chamoy L,S- Tajin Optional: Ranch Dressing |

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk – Must serve two choices from the following five (5) options:

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|---|----------------|------------------------------|---------------------------|----------------------------|
| Fat-Free (8 oz) | Low-Fat (8 oz) | Fat-Free Lactose Free (8 oz) | Fat-Free Chocolate (8 oz) | Fat-Free Strawberry (8 oz) |
| NOTE: Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper for 1 st grade and above. | | | | |

Deluxe Cereal Bowl

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| Cinnamon Toast Crunch (CMS #1623) | Honey Bunches of Oats (CMS #1425) | Honey Cheerios (CMS #1442) | |
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Fresh Fruit

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|-------------------|---|---------------------|---|-------------------------|
| Apple (CMS#3800) | Banana (CMS #3204) Do not order on Mondays | Orange (CMS #3093) | Strawberries (CMS #3246, R3332) - Serve at LUNCH ONLY twice a week. | Nectarine (CMS# 3891) |
| Peach (CMS #3886) | Pear, Bartlett (CMS#3939) | Plumcot (CMS# 3940) | Pluot (CMS# 3700) | White Peach (CMS# 3884) |

****MANAGER'S CHOICE OPTIONS FOR LUNCH AND SUPPER**

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| SUPPER SANDWICHES | 1. Toasted Cheese Sandwich (R1086-IW / R1131-Scratch) 2. Turkey Breast & Cheese Sandwich (R0911) | 3. Tuna Sandwich (R5619) 4. Apple Cinnamon Chickpea & Grape Jelly Sandwich V (R1944) 5. Sunbutter & Strawberry Jelly Sandwich V (R1943) |
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